

BIO-DATA

Name : Dr. (Smt.) Shakti Singh

Qualification : M.H.Sc., B.Ed., Ph.D.

Designation : Associate Professor

Specialization : Food and Nutrition

S.No.	Year	Degree	Institution	Percentage
1	1986	Higher Secondary	Board of Secondary Education, Bhopal (M.P.)	52.6%
2.	1991	B.H.Sc. (Home Science)	Indira Gandhi College (M.P.) (A.P.S. University Affiliated)	58.8%
3.	1994	M.H.Sc. (Home Science)	G.D.C. Rewa (M.P.) (A.P.S. University Affiliated)	61.5 %
4.	1996	B.Ed. (Home Science)	A.P.S. University Rewa (M.P.)	64.6%
5.	1999	Ph.D.	A.P.S. University Rewa (M.P.)	Awarded

Total Work Experience: 25 Years

DESIGNATION	INSTITUTE	YEAR
Lecturer	Gangotri Devi Mahila Mahavidyalaya, Gorakhpur	July, 1997- March, 1998
Instructor Nutrition	Agricultural Training Center, Chargaon, Gorakhpur	May, 1998- June, 1999
Lecturer	D.D.U. Gorakhpur University, Gorakhpur	Sep, 2000 – June 2010

Assistant Professor	Maharana pratap post graduate college, Gorakhpur	June 2015 – September 2017
Assistant Professor	Mahatma Gandhi post graduate college, Gorakhpur	October 2017- till date

Extra-Curricular Activities

- Worked as a counselor in certificate Diploma courses and P.G. Courses in Deen Dayal Upadhyay Gorakhpur University, Gorakhpur Center of Rajashri Tondon Open University from 2000-2010.
- Worked as a Counselor in D.I.S.M. P.G. Courses (Dietitian) in Department of Home Science, D.D.U. Gorakhpur University, Gorakhpur Center of IGNOU from 2006-2010.
- Was a member of organizing Pulse Polio Programme in Micro Interior Area in 1991, Rewa District (organized by WHO)
- Visited various educational tour related to Extension Education, Community Nutrition and Health Education in Rural area of Satna District in 1990.
- Survey on Aganbadi Centers in 1993 at Rewa to Study (Condition of P.C.M. Children's)
- Visited various Aganbadi center's with Supervisors in 1999 as Instructor of Nutrition Agriculture Training Center Chargawan, Gorakhpur.
- Visited to Aurangabad as a member of Organizing Committee of (The Terra Cotta Land) and supervised on Socio-Economic Status, Educational Status, Health, Hygiene, Nutrition Education and work atmosphere which was done by the students of B.A. and B.Sc. Home Science, D.D.U. Gorakhpur University in 2005.
- Organized a visit to various Educational Institute of Gorakhpur and conducted a survey on the working pattern of the students (of B.Sc. II, III & B.A. III year, Home Science), Deen Dayal Upadhyay Gorakhpur University, Gorakhpur.
- Visited Hath Kergha Center, Gorakhpur with B.Sc. III year student in 2008.
- Guest speaker in Door Darsan Kendra Gorakhpur as a Home Science Scientist and Nutrition Expert.
- Was a guest speaker, in a Program

- Guest Speaker, which is Organized by HRDM Ministry New Delhi in BRD Medical College, Gorakhpur (U.P.) from 7th to 9th March 2006. Where so many participants of Aganbadi Supervisor's, Instructor's and pediatric Doctors.
- Was a member of the committee, who prepare Syllabus for undergraduate courses B.A. and B.Sc. Home Science in starting year 2000 at D.D.U.Gorakhpur University, Gorakhpur.
- Was In charge and Advisor of Organising Committee of 1st Home Science Festival ,held at Department of Home Science, D.D.U. Gorakhpur University, Gorakhpur in Jan 2002
- Was a member of Organizing Committee of Educational Talk and questions,conducted session on consumer rights, monitored by the Judge of Consumer Forum, Gorakhpur office, held in the Department Of Home Science, D.D.U. Gorakhpur University, Gorakhpur.
- Worked as an advisor of Organizing Committee of "Home Science Week" and Exhibition named "SRIJAN" held at Department of Home Science, Deen Dayal Upadhyay Gorakhpur University, Gorakhpur.
- Was Incharge of the Committee of Health Food Festival, held at Department of Home Science D.D.U. Gorakhpur University, Gorakhpur.
- Worked as Project/ dissertation Supervisor for U.G. and P.G. level in the Department of Home Science, D.D.U. Gorakhpur University, Gorakhpur in session 2002 to 2010.
- Worked as a project supervisor (related to Nutrition field)at IGNOU centre, D.D.U. Gorakhpur University for the session 2000 - 2012.
- Worked as a project supervisor of Diploma Courses related to Nutritions at Rajashri Tandon Open University Center, D.D.U. Gorakhpur University in Session 2004-2005.
- Was a member of Project Child Labour (Project Undertaken by the Ministry of child Labour) in 2007.
- Worked in flying squad at Deen Dayal Upadhyay Gorakhpur University, Gorakhpur in 2005.

5- Selected Publication & Complete Publication

A. Published Research Paper.

- i. Shakti Singh : Grammin Mahilao Ka Stan Paan Tatha Aaharon Ke Prateek Jagrukata Abhiyan.

Journal Name : ARYAVRAT DHODH VIKAS PATRIKA
ISSNO. 2347-2944
RNI No. UPBIL04292
REGD. NO. 561/2013-14
ASVP : AN INTERNATIONAL JOURNAL

- ii. Shakti Singh : To Study Various Psychological Responsible for Indian and Maintenance of Alcohol Consumption.

Journal Name: ARYAVRAT DHODH VIKAS PATRIKA
ISSNO. 2347-2944
RNI No. UPBIL04292
REGD. NO. 561/2013-14
ASVP: AN INTERNATIONAL JOURNAL

- iii. To Study on the causes of Obesity in School Going Children in Gorakhpur District, (U.P.)

Journal Name : ARYAVRAT DHODH VIKAS PATRIKA
ISSNO. 2347-2944
RNI No. UPBIL04292
REGD. NO. 561/2013-14
ASVP : AN INTERNATIONAL JOURNAL

- iv. Dr. Shakti Singh : To Study Various Dietary Habits Among the Chronic Alcoholics and Their Awareness About the Diet.

Shodh Sindhu Ardhavarshik Shod Patrika
RNI, UPBIL – 04509/15.01.2015
ISSN 2454-5902

- v. Shakti Singh : To Study Various Patterns of Alcohol Consumption in Various Class and community.

Journal Name : SHASTRATH
VOL. 22, PAGE 74.
ISSN NO. 22-29-4279



Published book

- Nutrition and Nutritional status in Publication Process Publisher Name is Pratush Prakashan New Delhi.(Book ISBN no : 9789383247318
- Therapeutic Nutrition in Publication Process Publisher Name is Pratush Prakashan New Delhi
- Community Nutrition in Publication Process Publisher Name is Pratush Prakashan New Delhi

Seminar and Workshop

- A paper Presented in the National Conference organized by Raipur College (M.P.) in “Trends in Recent Researches in Home Science.” in 1995 on Socio-Economic, Cultural Factor on Nutritional Status of Pre-School Children’s.
- 2 papers presented in the National Seminar organized by A.P.S. University Rewa (M.P.) in 1995 on “Prevention of Intoxication.”

Topic

1. Tobacco use and its Environmental Health Impacts”
 2. “Physical, Psychological and Nutritional aspect of Chronic
- A paper presented in National Seminar Banaras Hindu University, Varanasi in October 16th – 18th, 2003 on “Impact of Increasing Human Population on Natural Resources (IPN).
 - 2 Paper in National Conference organized by Sri Agrasen Kanya Autonomous P.G. College Varanasi in March 2004 on “ Job Opportunities and Non-Conventional Aspect of Home Science.

Topic :

1. “Nutrition Education in Rural Area.”
2. “Nutrition and Adjustment in Daily Routine in old Age.”
3. 3 paper presented in 9th National Scientific Conference organized by Bhartiya Krishi Anusandhan Samiti in May 2005 (15th to 17 to Oct). The Subject in 21st Shatabdi Mai Kaddya Awam Paryawaran Prabandhan wa Sanrachhana)

Topic

1. “Awareness of women about Weaning foods.”
2. “Awareness about Nutrition Diet in pregnant stage.”

3. "Nutritional Status of School going Children's Packed- Launch."
4. 4 days work shop on Mahila Uddyamita Vikas Organized by Home Science Department in supervision of Head, Home Science Department, Dr. (Smt.) Shakti Singh, from 15.10.2015 to 18.10.2015 in M.P. P.G. College, Jungle Dhusar, Gorakhpur.

Date :

Place :

(Dr. Shakti Singh)