

SUSHMITA UPADHYAY PH.D

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CURRNT STATUS :-

(From 09/08/2019 Onwards) Assistant Professor In Faculty of Science Bio Group (M.G.P.G College) Affiliated to DeenDyal Updhayay Gorakhpur University Gorakhpur.273001 Till the Date

Officiating principal & Assistant Professor, (From 1 (July 2010 Onwards) Department of Psychology, Gangotri Devi Mahila P.G. College, Affiliated to DeenDyal Updhayay Gorakhpur University Gorakhpur.273001, (From 14 September 1998 Onward.) Till (08/08/2019)

TEACHING EXPERIENCE :-

Assistant Professor in U.G. 14-09-1998 onwards and P.G. Since 16-07-2008 onwards Department of Psychology, Gangotri Devi Mahila P.G. College Gorakhpur (UP.) onwards.

UNDER GRADUATE:- 22 Years.

Papers Taught:-

Basic Psychological process and experimental Social psychology, environmental psychology.

POST GRADUATE :- 10 Years

Papers Taught:-

Research Method and applied Social Psychology perception and thinking.

ACADEMIC QUALIFICATION :-

- Ph. D in Psychology from D.D. U. Gorakhpur University Gorakhpur (UP.) in November (2003).
- Title of thesis “Influence of optimism, detachment and future orientation on Health in deprivational environment” under the supervision of Porf. AdeshAgarwal, Professor & Head Dept. Of Psychology. D.D.D.G.U Gorakhpur (UP.)

<i>SI.</i>	<i>Qualification</i>	<i>Board/ University</i>	<i>Session</i>	<i>Division</i>
1-	M.A. (Psychology)	D.D.U.Gorakhpur University Gorakhpur.	1996	Ist 60%
2-	B.A. (Psychology)	D.D.U.Gorakhpur University Gorakhpur.	1994	IInd 59%
3-	Intermediate	UP. Board Allahabad	1990	IInd 48%
4-	High School	UP. Board Allahabad	1988	Ist 64%

Research Paper Published in Referred Journals :-

PUBLICATION

I- Details of Selected Published Papers:-

- Copying with surgery and accompanying Environmental changes.
- Invasion of Privacy. Précised crowding and adjustment problems in protective home
- Effect of types o family and marital stress on occupational stress and family stress
- Contributing role of Psycho-social variables in recovery of patients.
- Impact of education and income on antecedents psychological variable concerning health issues 2021

- A study to determine the contributing role of psychosocial factors in predicting quality of life 2021
- Causes of suicidal deaths related to mental health 2021
- Health Problem Related to Environmental Issues 2021

II -Details of Book Published :-

- Influence of optimism detachment and future orientation of health in Derivational environment

III Chapter In Book:-

Adjustment Problem of Women Working in Educational System
,2019,Concept Publication ,Chapter Nu.12

IV-ACADEMICS:-

- (A) Supervision of M. Phil dissertation of the Global open university Nagaland.
- (B) U.G.C. Sponsored orientation and four refresher Courses.

V-ACADEMIC AWARDS :-

- Certificate of Paper presentation in National Seminar on Environment and cognition at Depart of Psych. D.D.U.G.U. Gorakhpur (24-25 April 1998)
- Certificate of participations in National Seminar held in Depart of Psych. D.D.U. G.U. Gorakhpur(25-27 March2007)
- Certificate of Paper presentation in National seminar held by Depart, of Psy.D.D.U.G.U. Gorakhpur (27-28 March 2008)
- Certificate of paper presentation in National Seminar held by Depart of psychology D.D.U.G.U. Gorakhpur (21-22 March 2009)

- Certificate of paper presentations in National seminar held by LalBahadurShastriSmarak P.G. College Anand Nagar, Mahrajgang UP.
- Certificate of paper presentation in National seminar held by B.Ed. Department Budha P.G. College Kushinagar.
- Certificate of paper presentations in BhagwanMahavir P.G. College Pawanagar (Fazilnagar) Kushinagar (3-4Feb 2011)
- Participated in National Seminar 20&21 March 2008

VI-SHORT THERM COURSES HELD BY U.G.C :-

- Certificate of training program of student 2016
- Counseling held by Department of Psychology D.D.U.G.U. Gorakhpur (Feb.12-20Feb 2000).
- Certificate of participation in short term course in leadership quality and professional skill development (July 02-01, 2012).
- Certificate of Participation in short term course in project proposal for degree college teacher.
- Certificate of three days Induction tanning for supportive supervision 12th to 14th November 2014.
- Certificate of U.G.G. sponsored term workshop in leadership and Institutional Management (12-0-2016)
- Certificate of U.G.C. sponsored short term course in Deprivational society held on 25-06-2016 -02-06-2016

EXTRA CURRICULAR ACTIVITIES

- B Certificate in N.C.C.
- Certificate in Blood Donation.
- Working as a Assisting Psychologist in Six month Project supported by UNICEFF.

- Orientation Course for program officer in N.S.S. Organized by the training and Orientation Center Literacy House Lucknow.
- Center Superintendent in University exam Since 2013 onwards.
- Center evaluation D.D.U.G.U. Gorakhpur. 2015 onwards.

MEMBARSHIP

- Membership of board of adversary in Manoviganic Seva Sansthan Gorakhpur.
- Life member ship of N.G.O (ABHIGYAN)

Date :-

Place :-

Signature of